

MENU OF AVAILABLE ITEMS

TO ORDER CALL (607) 962-8225 ext. 127 or E-mail azick@aimcil.com

FRUITS
Apples (3lbs bag) – Limit 1 per order
Apple sauce, canned – 15oz – Limit 2 per order
Blueberries (frozen) – 2.5lbs – Limit 1 per order
Mixed cocktail fruit, peaches, pears, grapes (canned) – 15oz – Limit 4 per order
Oranges – 3lbs bag – Limit 1 per order
Peaches, sliced (canned) – 15oz – Limit 2 per order
Pears, sliced, in light syrup (canned) -15oz – Limit 2 per order
Strawberries, whole – frozen – 1lbs – Limit 1 per order
Cocktail fruit mix, peaches, pears, pineapple (canned) – 15oz – Limit 2 per order
Mandarin oranges, canned
Pineapple, canned
Dried plums, pitted
Raisins

VEGETABLES
Green beans (low sodium) – canned – 15oz – Limit 2 per order
Green beans, cut – frozen – 1lbs – Limit 1 per order
California blend (cauliflower, broccoli, carrots) – frozen – 1lbs – Limit 1 per order
Carrots (low sodium) canned – 15oz – Limit 2 per order
Peas (low sodium) – canned – 15oz – Limit 2 per order
Carrots, fresh
Corn (low sodium) – canned – 15oz – Limit 3 per order

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Broccoli florets – frozen – 1lbs – Limit 1 per order
Diced tomatoes (low sodium) – canned – 14.5oz – Limit 3 per order
Diced tomatoes – canned – 15oz – Limit 2 per order
Mixed vegetables, low sodium – canned – 15oz – Limit 2 per order
Spinach – frozen – 1lbs – Limit 1 per order

DAIRY

Butter (salted) – 1lbs – Limit 1 per order
Mozzarella cheese – Limit 1 per order
Ricotta cheese – 16oz – Limit 1 per order
Sharp cheddar cheese (shredded) – 8oz – Limit 1 per order
Sour cream – 16oz – Limit 2 per order
Cottage cheese – 16oz – Limit 2 per order
Cottage cheese with pineapple – 16oz – Limit 1 per order
Cottage cheese with peaches – 16oz – Limit 1 per order
Milk, whole – ½ gallon – Limit 1 per order
Whipped topping (Rediwhip) – 6oz – Limit 1 per order
Yogurt, Gerber (baby food)
Yogurt – apples berry and grain, blueberry, cherry vanilla, peach, strawberry and strawberry banana

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GRAINS
Honey Nut Cheerios (cereal) – 13/16oz – Limit 6 per order
Cinnamon Chex (cereal) – 2oz individual cups – Limit 5 per order
Rice Crisp (cereal) – 12oz box – Limit 1 per order
Corn Flakes (cereal) – 12oz box – Limit 1 per order
Oats, quick (whole grain) – 14oz – Limit 1 per order
Egg noodles, pasta – 12oz – Limit 2 per order
Pasta elbows – 16oz – Limit 1 per order
Fettuccine, pasta – 16oz – Limit 2 per order
Rigate, pasta – 16oz – Limit 1 per order
Spaghetti, pasta – 16oz – Limit 3 per order
Rice, brown (whole grain) – 1lbs – Limit 1 per order
Lucky Charms, cereal
Bread, assorted, sliced
Ziti/Penne pasta
Breakfast bars
Stuffing, croutons

PROTEIN
Almonds – 2lbs bag – Limit 1 per order
Black beans (low sodium) canned – 15oz – Limit 2 per order
Dark red kidney beans – 40oz – Limit 1 per order
Red kidney beans – 40.5oz – Limit 1 per order
Ground beef (80/20) & (90/10) – frozen – 1lbs – Limit 2 per ordered

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Chicken breast (boneless, skinless) – frozen – 5lbs – Limit 1 per order
Peanut butter, creamy – 18oz – Limit 1 per order
Pecans, pieces – 1lbs bag – Limit 1 per order
Pork patties, fully cooked – frozen – 2lbs – Limit 1 per order
Chicken – canned – 5oz – Limit 3 per order
Chicken nuggets – frozen – 5lbs – Limit 1 per order
Chicken thighs – frozen – 5 lbs. – Limit 1 per order
Eggs, medium
Breaded pollack nuggets, fish – frozen – 2lbs bag – Limit 1 per order
Fish stick – frozen – 1lbs – Limit 1 per order
Tuna - canned
Turkey breast – frozen – 5lbs – Limit 1 per order
Walnuts, shelled – 1lbs bag – Limit 1 per order
Hot dogs, frozen
Pork and beans, canned
Canned pork

READY MADE MEALS/MEAL MIXERS/SOUPS

Baby food – jars
Baby food - pouches
Pancake mix – 2lbs- Limit 1 per order
Spaghetti sauce, chunky vegetable – 24oz – Limit 1 per order
Spaghetti sauce, meat flavored – 24oz – Limit 1 per order
Spaghetti sauce, zesty – 24oz – Limit 1 per order
Spaghetti sauce, traditional – 15oz – Limit 3 per order

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Chicken noodle soup – 10oz – Limit 3 per order
Chicken and rice soup – 2oz package – Limit 2 per order
Cream of mushroom soup – 10.5oz – Limit 4 per order
Tomato soup – 10.5oz – Limit 3 per order
Vegetable soup (vegetarian) – 10.5oz – Limit 3 per order
Spaghetti rings, in tomato sauce – 15oz – Limit 2 per order
Chili, with beans – 10oz – Limit 2 per order
Macaroni and beef – canned – 15oz – Limit 2 per order
Macaroni and cheese – 7.25oz – Limit 3 per order
Beef stew – 24oz – Limit 3 per order
Frozen chicken meals

CONDIMENTS/SPICES/BAKING/OTHER

Sugar – 4 lbs. bag – Limit 1 per order
Brown sugar – 32oz bag – Limit 1 per order
All-purpose flour – 5lbs. bag – Limit 1 per order
Grape jelly – 19oz – Limit 1 per order
Strawberry jelly – 19oz – Limit 1 per order
Maple syrup, lite – 24oz – Limit 1 per order
Tortilla chips – 1.5oz bag – Limit 5 per order
Hot chili kettle chips
Honey Graham crackers
French onion dip
Dressings, assorted

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BEVERAGES
Sparkling water – Lacroax, passionfruit – 6 pack – Limit 1 per order
Apple juice – 64oz/.5gal – Limit 1 per order
Orange juice – 64oz/.5gal – Limit 1 per order
Grape juice
Grapefruit juice – 64oz/.5gal – Limit 1 per order
NON-FOOD ITEMS
Paper towels (single) – Limit 3 per order
Napkins (500 count) – Limit 1 per order
All-purpose cleaning wipes – alcohol free – (80 count) – Limit 1 per order
Alcohol wipes – 65% alcohol – (50 count) – Limit 1 per order
Shaving cream – moisturizing, sensitive skin – 9.5oz – Limit 1 per order
Reusable shopping bags – Limit 1 per order
Disposable faces masks – Limit 4 per order
Hand sanitizer – 70% alcohol – 8oz – Limit 3 per order
Hand soap – blackberry – Limit 2 per order
Hand soap – coconut – antibacterial – Limit 2 per order
Hand soap – almond scented
Toilet paper – 2ply – Limit 4 per order

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