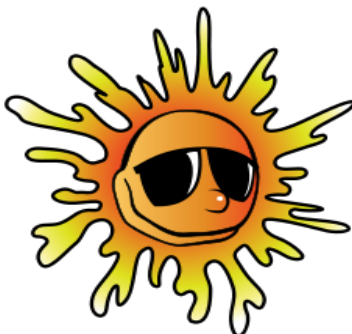


# Youth Social Skill Development Program



**This program helps youths build social and communication skills. It is available to those who are 14-21 years old and who have obtained OPWDD eligibility.**

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**Spring workshop sessions are every Monday & Wednesday  
3:30 - 5:30 p.m.**

**First session: Monday, June 2, 2014**

**Final session: Wednesday, June 25, 2014**

**Where: AIM Independent Living Center  
McNeil Center – 271 East First Street  
Corning, NY 14830**

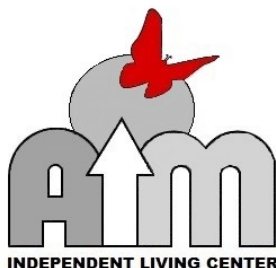
**Please Register By Friday, May 23, 2014**

**For more information or to register, please contact:**

**Wendy Watkins – Intake Coordinator / Advocate**

**Phone: (607) 733-3718, ext. 223**

**Email: [wwatkins@aimcil.com](mailto:wwatkins@aimcil.com)**



AIM Independent Living Center – Youth Social Skill Program  
Serving ages 14 -21 years of age with OPWDD Eligibility

**Objective:** To provide youth with a developmental disability the opportunity to enhance their social skills in a peer based program which promotes individuality, positive reinforcement and improves self esteem along with everyday communication skills.

**Program Details:** Classes are 2 – days per week Monday & Wednesday Evenings from 3:30 – 5:30pm for a 4 week period of time for a total of 16 hours to complete the program curriculum.

**Location:** AIM Independent Living Center – Corning Office - Transition Center

**Mc Neil Center - 271 East First Street , Corning , N.Y. 14830**

**Instructor:** Wendy Watkins – Intake Coordinator / Advocate – Phone: (607)733-3718 X 223

**Proposed Start Date:** Monday April 7<sup>th</sup>, 2014 – Wednesday April 30<sup>th</sup>, 2014

**Registration Is Required and Due by: May23rd 2014 / Will Need NOD from OPWDD**

<b>W1</b>	Monday #1 Everyday Communication & Conversation	Through the use of roll playing out specific scenarios participants will learn the appropriate ways to communicate with family members, peers and in community situations. Skill outcome objective is to have the participant become more aware of initiating conversation with others using appropriate language while building self esteem and confidence.
	Wednesday # 2 Everyday Communication & Conversation	Through the use of resource materials such as Functional Conversation Games in small group settings participants will engage with each other to problem solve and learn new skills in communicating in the world around them.
<b>W2</b>	Monday # 3 Empathy/Anger/ Anxiety Understanding my Feelings	Participants will identify through specific scenarios and problem solving. How to understand their feelings and emotions in several scenarios. Ways to handle difficult situations when becoming anxious. Alternative methods of expressing emotions and ways to cool down and regain control in a positive and functional manner where positive choices are made.
	Wednesday # 4 Conflict Resolution	Participants will learn and assist in the development of new ways to work through and resolve disputes. Resolving disagreements in a constructive manner without resorting in negative behaviors such as physical or verbal confrontations
<b>W3</b>	Monday # 5 Self Advocacy	Understanding Self – Advocacy to become more empowering through learning new skills in participation in community activities and making more independent discussions. It's nothing about me without me.
	Wednesday # 6 Hopes & Dreams	Looking ahead to the future through goal planning and self awareness of strengths. What steps to prepare for through the transition period. Where are you going after school what are your post – secondary plans.
<b>W4</b>	Monday # 7 On the Air	Participants will pick from four scenarios parts 1) Journalist 2) Talk Show Host 3) Camera / Producer 4) Interviewee . Create an actual video utilizing the new social skills learned and incorporate the new techniques to make a short story with a peer that they can keep.
	Wednesday # 8 Look at the New You!	Participants will review all the video clips of the class. Reflection on the training and class. Along with discussions of the new skills and improvement within themselves. Completion of training with certificate and DVD for each participant.

- OPWDD (Office of People with Developmental Disabilities) Family Support Services Funding
  - Training program will be held each quarter throughout the year in the following months: February, April, June and October. Each class will include a class size of no more than 6 participants.
  - Summer Program : Consists of Monday – Friday from 9:00am – 3:00pm in August of each year
- Please feel free to call concerning future registration dates or details of the Youth Social Skill Program.